

## Program Offerings: Foundation Studies

Foundation Studies is an intensive program that introduces students to the basic ideas of Anthroposophy, the philosophy of Rudolf Steiner, while giving them a deep immersion in a variety of conceptual and artistic disciplines.

Completion of the Foundation Studies classes is a requirement of the Waldorf Teacher Elementary Education and Early Childhood Education Certificate Programs. Courses may also be taken independently as a series of self-enrichment classes.

| Course Number | Course Name                             | Hours/<br>Cost | Description  |
|---------------|---|----------------|--|
| WISM 102      | Human Development: The Individual Path  | 15<br>\$425    | Phases of child and adult development from birth to death. <i>Lecture/discussion</i>   |
| WISM 103      | Cultural History                        | 15<br>\$425    | The Evolutionary nature of unfolding human consciousness. Writings of Owen Barfield and Rudolf Steiner as related to the child's changing consciousness. <i>Lecture/discussion</i> |
| WISM 117      | Chorus                                  | 10<br>\$225    | An introduction to choral singing: pitch matching, vocal range, rhythm. <i>Studio</i>  |
| WISM 118      | Clay Modeling                           | 15<br>\$425    | The art of clay modeling as practiced by Waldorf teachers. <i>Studio</i>   |
| WISM 119      | Painting                                | 15<br>\$425    | The art of watercolor painting as practiced by Waldorf teachers. <i>Studio</i>   |
| WISM 120      | Work, Life, and Times of Rudolf Steiner | 15<br>\$425    | Major themes in Rudolf Steiner's work, anthroposophy in the context of intellectual history, the 'daughter movements' in agriculture, medicine, etc. <i>Lecture</i>                |
| WISM 121      | Basic Books of Rudolf Steiner           | 15<br>\$425    | An introduction to four central texts. In-depth study of one text. <i>Discussion</i>   |
| WISM 122      | Foundations of Anthroposophy            | 15<br>\$425    | Fundamental topics including the threefold human being, twelve senses, temperaments, meditations, etc. <i>Discussion</i>   |
| WISM 124      | Festivals                               | 15<br>\$425    | Cycles of the year, festivals in history, traditional Waldorf festivals, creating new celebrations, multi-culturalism. <i>Lecture/Discussion</i>                                   |
| WISM 130      | Eurythmy                                | 10<br>\$225    | The art of eurythmy: visible speech and visible music. <i>Studio</i>   |
| WISM 131      | Spacial Dynamics                        | 10<br>\$225    | Harmonious physical movement, balance, posture, gesture. <i>Studio</i>   |
| WISM 135      | Child Development Birth to Seven        | 20<br>\$425    | Principles of Waldorf education related to developmental stages. <i>Lecture/Discussion</i>   |
| WISM 136      | Child Development Seven to Eighteen     | 20<br>\$425    | Principles of Waldorf education related to developmental stages. <i>Lecture/Discussion</i>   |
| WISM 137      | Creative Speech                         | 10 / \$225     | The art of speaking clearly and artistically. <i>Studio</i>  |
| WISM 140      | Images in History                       | 20<br>\$425    | The uses of images in history: the nature of images in Waldorf Education. <i>Lecture / Discussion / Fieldwork</i>  |

## Program Offerings:Waldorf Teacher Education Elementary Education Program and Early Childhood Education Program

Coursework for the *Waldorf Teacher Elementary Education Program* is designed for those wishing to become Waldorf class teachers or as enrichment of those already in the classroom.

The *Waldorf Teacher Early Childhood Education Program* is designed to develop the pedagogical and artistic skills necessary to become a Waldorf Kindergarten, Pre-Kindergarten, or home daycare teacher.

Completion of the *Foundation Studies Program* is a co requisite for the Waldorf Teacher Education certifications.

Be advised, that a Bachelors Degree or a plan of work toward a BA will be required to be hired by any of the three Southeastern Michigan Waldorf Schools; The Rudolf Steiner School of Ann Arbor – [www.rssaa.org](http://www.rssaa.org) , the Oakland Steiner School – [www.oaklandsteiner.org](http://www.oaklandsteiner.org) and the Detroit Waldorf School – [www.detroitwaldorf.com](http://www.detroitwaldorf.com) .

| Course Number | Course Name                       | Hours/<br>Cost | Description  |
|---------------|-----------------------------------|----------------|--|
| WISM 225      | Administration In Waldorf Schools | 20<br>\$425    | Waldorf School administration and organizational structure; group work as preparation for consensus-based decision making as practiced in Waldorf Schools. <i>Lecture / Discussion</i>                                   |
| WISM 226      | The Inner Life of the Teacher     | 15<br>\$425    | Guided independent study. The art of nurturing one's strengths and identifying one's weaknesses. Completion of prescribed work in speech, eurythmy, the visual arts, music, and philosophy. <i>Tutorial / Discussion</i> |
| WISM 227      | The Exceptional Child             | 20<br>\$425    | Waldorf methods of observation and evaluation for children with special needs or those making transitions. <i>Lecture / Discussion</i>   |
| WISM 235      | Music for Teachers                | 15<br>\$425    | Basic proficiency in singing and recorder skills. <i>Studio</i>  |
| WISM 236      | Movement for Teachers             | 15<br>\$425    | The role of movement and games in the classroom from grades one through eight. <i>Studio</i>   |
| WISM 237      | Speech and Drama in the Classroom | 15<br>\$425    | The role of speech and drama in the curriculum from first through eighth grade. <i>Lectures &amp; Discussion/ Studio</i>   |
| WISM 238      | Handwork for Teachers             | 15<br>\$425    | Knitting, crocheting, and cross-stitch. <i>Studio</i>  |
| WISM 242      | Drawing and Modeling              | 15<br>\$425    | Chalkboard drawing, form drawing, modeling. <i>Studio</i>  |
| WISM 245      | Storytelling Elementary Education | 15<br>\$425    | Techniques of storytelling for children. Resource development and practice. <i>Lecture / Discussion / Studio</i>   |

**Program Offerings:Waldorf Teacher Education *Continued***  
**Elementary Education Program and Early Childhood Education Program**  
**Course offerings**

| <b>Course Number</b> | <b>Course Name</b>                                    | <b>Hours/<br/>Cost</b> | <b>Description</b>  |
|----------------------|---|------------------------|---|
| WISM 301             | Humanity and Nature (Study of Man)                    | 15<br>\$425            | The relationship between humanity and nature; focused discussions on Steiner’s central text “The Foundations of Human Experience,” also known as “The Study of Man”. <i>Discussion</i>  |
| WISM 305             | Young Child and Society (Early Childhood)             | 20<br>\$425            | Cultivation joy and wonder in young children; inside and outdoor play; developmental delays; working with parents. <i>Discussion</i>  |
| WISM 320             | Curriculum Development (Elementary Education)         | 20<br>\$425            | An outline of the Waldorf curriculum from early childhood through high school, with primary emphasis on elementary and middle school years. <i>Lecture / Discussion</i>   |
| WISM 322             | Waldorf Methods for Teaching Math                     | 20<br>\$425            | Methodology and content of the Waldorf mathematics curriculum. <i>Lecture</i>   |
| WISM 325             | Waldorf Methods for Teaching Science                  | 20<br>\$425            | Waldorf methods for teaching the sciences: zoology, botany and physiology, geology, meteorology, chemistry and physics. <i>Lecture / Discussion / Studio</i>  |
| WISM 326             | Waldorf Methods for Teaching Social Sciences          | 20<br>\$425            | Key components of the Waldorf curriculum for teaching history and geography. <i>Lecture / Discussion</i>  |
| WISM 329             | Waldorf Methods for Teaching Language Arts Grades 1-4 | 20<br>\$425            | Key components of the Waldorf developmental approach to reading and writing: introduction of letters through story, image and verse; the developments of writing through movement and drawing (form design); the art of story telling; spelling, grammar and phonics. <i>Lecture / Discussion</i> |
| WISM 330             | Waldorf Methods for Teaching Language Arts Grades 5-8 | 20<br>\$425            | Continued development of reading writing and speaking skills. Children’s literature, nonfiction sources, historic speeches. Poetry, drama, creative writing, calligraphy. <i>Lecture / Discussion</i>   |

**Program Offerings:Waldorf Teacher Education Continued**  
**Elementary Education Program and Early Childhood Education Program**  
**Course Offerings**

| <b>Course Number</b> | <b>Course Name</b>  | <b>Hours/<br/>Cost</b> | <b>Description</b>  |
|----------------------|---|------------------------|---|
| WISM 352             | Beautiful Basics<br>Early Childhood                             | 20<br>\$425            | Essentials of the Waldorf Early Childhood Classroom: play, aesthetics, rituals, practical life, work with parents. <i>Lecture / Discussion</i>  |
| WISM 355             | The Seasons<br>Early Childhood                                  | 20<br>\$425            | Cycles of the year, farming, the nature table, seasonal crafts and domestic arts. <i>Lecture / Discussion / Fieldwork</i>   |
| WISM 370             | Storytelling<br>Early Childhood                                 | 20<br>\$425            | Birthday, folk, nature stories; fairy tales. <i>Lecture / Discussion</i>  |
| WISM 373             | Puppetry<br>Early Childhood                                     | 20<br>\$425            | Sewing puppets and performing puppet plays. <i>Studio</i>   |
| WISM 375             | Painting & Coloring<br>Early Childhood                          | 15<br>\$425            | Color exploration: watercolor painting, coloring, dyeing. <i>Studio</i>   |
| WISM 377             | Circle Games and<br>Singing<br>Early Childhood                  | 20<br>\$425            | Circle time, singing games, movement, finger games, verses, and songs for the Early Childhood classroom. <i>Lecture / Discussion</i>  |
| WISM 380             | Doll Making<br>Early Childhood                                  | 15<br>\$425            | Construction of a traditional Waldorf doll. <i>Studio</i>   |
| WISM 401             | Intuitive Thinking  | 20<br>\$425            | Contemplative practice for teachers, writing children's reports and verses, exercises for developing creativity and flexibility in the classroom. <i>Lecture / Discussion</i>   |
| WISM 450             | Individual Project  | 30<br>\$825            | An opportunity to deepen skills to remediate weaknesses. <i>Studio</i>  |
| WISM 455             | Student Teaching<br>Seminar<br>Elementary Education             | 20<br>\$425            | Taken in conjunction with Student Teaching, an opportunity to discuss classroom and community events and activities.  |
| WISM 455             | Student Teaching<br>Seminar<br>Early Childhood                  | 20<br>\$425            | Taken in conjunction with Student Teaching. Discussions on classroom practice, community activities, state legal and licensing requirements. <i>Seminar</i>   |
| WISM 458             | Student Teaching in a<br>Waldorf School<br>Elementary Education | 200<br>\$825           | Student teaching and related activities five days per week in a Waldorf school under the supervision of the College of Education and faculty of the Waldorf school. Conferences will be scheduled throughout the term. (Note: This is a half semester course of seven weeks.) |
| WISM 459             | Student Teaching in a<br>Waldorf Setting<br>Early Childhood     | 200<br>\$825           | Student teaching in a Waldorf Kindergarten, pre-school or home daycare. Five days per week for seven weeks.   |